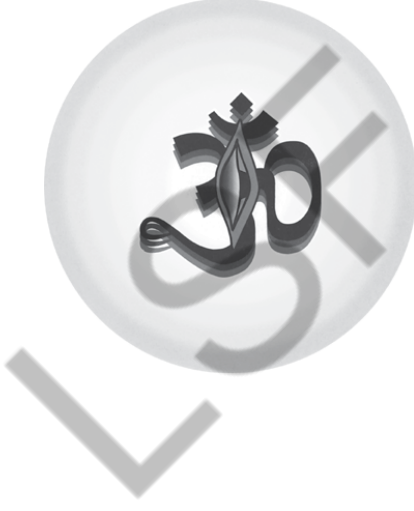
THE DIVINE VISION

A Periodical on Spirituality and Health



LIFE SCIENCES FOUNDATION

Founded by : Dr. O.P. Kohli

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Regd. Office : 1 Rose Avenue,
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THE DIVINE VISION

Founded by
Dr. O.P. Kohli

(A periodical on Spirituality and Health by Life Sciences Foundation.)

Devoted to enlightening the mankind on spiritual evolution through techniques of meditation: raising one's limited consciousness to expanded consciousness; enabling on to liberate from threefold sufferingsof physical, mental and spiritual ignorance; and offering spiritual healing when medical facilities and medicines fail to respond.

An authorized publication of Life Sciences Foundation.
Correspondence Address:
GH-13/590 Paschim Vihar, New Delhi-110 087

PUBLISHED AND PRINTED IN INDIA BY
LIFE SCIENCES FOUNDATION
Regd. Office : 1 Rose Avenue,
DLF Farming Area
Chattarpur, New Delhi-110074

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(The publication of this periodical is based on sea knowledge in Gita, Ramayana, Vedas and other Hindu Holy Scriptures and teachings of our Revered Guruji 'Premavatar Sri Sri Paramahansa Yogananda')

EDITORIAL
Spiritual Light for The Times We Face

During this time of much turmoil in the world, dwell on the eternal truths Guru ji has given; feel God's presence and know that your prayers are drawing His blessings and reinforcing the influence of His love. The lives of all of us have been affected by the recent tragedies in 2025.

First Kumb stampede, then Delhi Station stampede, then

India-Pakistan conflict, Air India crash, then Puri stampede, then on 22nd April 2025, the Pahalgam attack was a terrorist attack on tourists by five armed terrorists near Pahalgam in Indian administered J& K In which 26 Civilians were killed.

The militants mainly targeted Hindu Tourists. Then heavy rainfall and flash floods continue to impact various regions of India. Uttarakhand has been particularly affected by flash floods in Dharali and Harshil resulting in fatalities and missing people.

Rescue operations are underway involving the army and disaster response teams.

The Yamuna River in Delhi has been crossing the warning level due to heavy monsoon rains and water releases from upstream areas. Other states like UP, Bihar, HP and Assam are also grappling with flood situations, leading to disruptions and casualties.

Yet amid darkness, it is beautiful to see how the light of God's goodness is shining through all who are reaching out to offer comfort and support to those in need and to one another. Though this is a time of deep emotion, we need more than ever calm, strong and united; to focus our hearts and minds on God.

May God give you what you want.



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THE DIVINE VISION

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Publisher & Printer: **Dr. O. P. Kohli**
Editor : **Dr. O. P. Kohli**
Cover-design : **Dr. O. P. Kohli**
Address : **c/o GH-13/590, Pashim Vihar, New Delhi - 87**
Phone : **+91-9810974284**
Printed at : **Sri Sai Printers, Delhi**

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THE BHAGAVAD GITA

By: Dr. O.P.Kohli

A Universal Scripture

The words of Lord Krishna to Arjuna in the Bhagavad Gita are at once a profound scripture on the science of yoga, union with God and a textbook for everyday living. The student is led step by step with Arjuna from the mortal consciousness of spiritual doubt and weak heartedness to divine attunement and inner resolve. The timeless and universal message of the Gita is all-encompassing in its expression of truth.

The Bhagavad Gita is the most beloved scripture of India, a scripture of scriptures. It is the Hindu's Holy Testament, or Bible, the one book that all master's depend upon as a supreme source of scriptural authority. Bhagavad Gita means "Song of the Spirit," the divine communion of truth-realization between man and his Creator, the teachings of Spirit through the soul, that should be sung unceasingly.

So comprehensive as a spiritual guide is the Gita that it is declared to be the essence of the ponderous four Vedas, 108 Upanishads, and the six systems of Hindu philosophy. Only by intuitive study and understanding of these tomes, or else by contacting Cosmic Consciousness, can one fully comprehend the Bhagavad Gita. Indeed, the underlying essential truths of all great world scriptures can find common amity in the infinite wisdom of the Gita's mere 700 concise verses.

The entire knowledge of the cosmos is packed into the Gita Supremely profound yet couched in revelatory language of soaring beauty and simplicity, the Gita has been understood and applied on all levels of human endeavour and spiritual striving – sheltering a vast spectrum of human being with their disparate natures and needs. Where one is on the way back to God, the Gita will shed its light on that segment of the journey.

The ancient sacred writings do not clearly distinguish history from symbology; rather, they often intermix the two in the

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tradition of scriptural revelation. Prophets would pick up instances of the everyday life and events of their times and from them draw similes to express subtle spiritual truths. Divine profundities would not otherwise be conceivable by the ordinary man unless defined in common terms. When, as they often did, scriptural prophets wrote in more recondite metaphors and allegories, it was to conceal from ignorant, spiritually unprepared minds the deepest revelations of Spirit.

Thus, in a language of simile, metaphor, and allegory, the Bhagavad Gita was very cleverly written by Sage Vyasa by inter weaving historical fact with psychological and spiritual truth, presenting a word – painting of the tumultuous inner battles that must be waged by both the material and the spiritual man. In the hard shell of symbology, he hid the deepest spiritual meanings to protect them from the devastation of the ignorance of the Dark Ages toward which civilization was descending concurrent with the end of Sri Krishna incarnation on earth.

It will become evident to the reader after thoughtful perusal of the key to a few stanzas in the first chapter that the historical background of a battle and the contestants therein have been used for the purpose of illustrating the spiritual and psychological battle going on between the attributes of the pure discriminative intellect in attunement with the soul and the blind sense-infatuated mind under the delusive influence of the ego.

In support of these analogues there is shown an exact correspondence between the material and spiritual attributes of man as described by Patanjali in his Yoga Sutras and the warring contestants cited in the Gita: the clan of Pandu, representing Pure Intelligence; and that of the blind king Dhritarashtra, representing the Blind Mind with its offspring of wicked sense-tendencies.

The Bhagavad Gita-a comprehensive metaphysical and psychological treatise describes all experiences that will come to the spiritual traveler on the path of emancipation, the positive states the devotee is striving toward (and) the negative states that try to intimidate the devotee and turn him from his goal.

"Forewarned is forearmed!" The devotee who understands the route he must travel will never feel unsure or dismayed at inevitable opposition.

The true devotee gives not only trust to God; he worships Him through understanding and wisdom. Blind piety is not unacceptable to the Supreme Being, but it is a low form of spiritual mindedness. Man, blessed with the divine gift of intelligence, of reason and free choice, should worship his Creator in truth and in understanding.

It pleases the Lord to see His human children, made in His own image, employ in their quest of Him the highest gift He has given to them: their divine birthright of intelligence. The devotee who uses this intelligence to study sincerely the message of the Gita will find it a faithful travel companion that will not only guide and encourage but also caution and protect.

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WHY IS MIND RESTLESS?

Dr. O.P.Kohli

Misleading subconscious impulses mar the tranquillity and create interest in the material pleasures. Arjuna compares the mind to the wind as to control the breath is the surest way to control the mind.

The essence of all spiritual efforts in the form of Yoga or meditation is "Control of Mind" as till the mind is restless there can be no achievements of any sort of goals whether materialistic or spiritual.

If control of breath is the sure way to control of mind, the question arises, "How to control the breath?"

Unfortunately, the techniques and the ways given for controlling the breath under the dignified name of 'Pranayama' by way side Pandits and self-styled yogis is not only futile but harmful. We should not adopt any unscientific way to hold the breath as once oxygen is used up carbon-dioxide accumulates in the air tubes leading to multiple problems.

Scientific Kriya Yoga Technique promoted by YSS Guru Sri Sri Paramhansa Yogananda is a sure method of authentically controlling the restless mind and freeing it from the bondage of sense pleasures.

Much depends upon one's intensity, zeal & continuity to seek Divine Union. A man who does not seek God remains ever in ignorance with a restless mind. In ignorance, a man becomes a target of all kinds of sufferings i.e. physical, mental and spiritual.

A man totally identified with sense pleasures does not even get a glimpse of the eternal gate in millions of lifetimes. All his actions are outward bound for sense pleasures rather than inward contemplation not realizing that the happiness and the eternal bliss lies within.

True analogy is with that of a deer which wanders in jungles & bushes in search of some mysterious fragrance and in vain smashes his head only to realize that the fragrance was coming from within him.

Often a question arises in the mind of spiritual seeker,

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'Spiritual path is often a difficult path requiring quite a bit of renunciation of sense pleasures. Success is not guaranteed in one lifetime – leading the man to a state of fallen Yogi. Who is better – a materialistic man or a fallen Yogi? Our Guruji Sri Sri Paramhansa Yogananda Ji states that fallen Yogi is million times better than a materialistic manas every birth brings him closer to the Divine Touch.

It is only the devotion and calm mind which leads to perfect meditation. It is said that ornament of God is devotion and jewels in it is consciousness of duality. Similarly, the ornament of knowledge is meditation and decoration of meditation is renunciation.

Ultimately it is the calm tranquil mind which brings in more devotion, vital energy, patience and finally knowledge of True Self.

From the depths of silence the geyser of God's bliss shoots up Unfailingly and flows over man's being.

-Sri Sri Paramhansa Yogananda Ji in 'Saying of Paramhansa Yogananda'



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THE DELUSION
(Prakriti or Maya)
Dr. O.P.Kohli

The Lord is not a person with sense organs, but He is more of the thought & sensory perceptions of every being.

Jesus once said that not a sparrow shall fall on the ground without the knowledge of the Father. God's immanence as Cosmic Intelligence is called the light of All Lights because it makes & manifests the Motion picture of creation and multifarious intelligences therein. The intelligence precedes form; but if intelligence is the cause of anything, it itself is, in its trun, an effect. It is Maya; mind the egg brings the chicken, the chicken, the eggs; the tree the seed, the seed the tree.

The world is neither entirely differentiated nor yet entirely homogeneous. Man is free and must rise above both sides. Both are right in their place. But to reach the truth, we must transcend all that we know of existence, will, consciousness, doing, knowing and feeling etc.

There is no real individuality of the separate soul; it is the reflected one. The Yogi who in ecstasy attains the realization of this immanence of spirit as the Cosmic Intelligence transcends the darkness of relativity and enters His Being.

Spirit is inactive in its transcendental aspect and in his Immanent aspect. He is the creator of the universe and beings (Prakriti). As the ocean with or without wave is same, so spirit, with or without creation, is the Only one.

Prakriti is the storm of Maya, delusion, relativity and it is God's desire less desire to create. Its force comes from the inherent gunas of manifestation:

1. Sattva
2. Rajas
3. Tamas

As they move across the ocean of infinity, individualized waves come into being. The large waves are swept farthest from the oceanic depth & these are the waves of evil, lives most affected by the storm of delusion. The medium waves are the active lives hovering in

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Nature's ebb and flow. The small waves of good lives remain closest to the ocean's bosom and are the least affected by the prevailing winds of change. One day all these waves return to their source.

The beam of light from the projector cannot alone create a motion picture; it needs a film of mingled shadows and transparencies.

So, the Lord assumes two aspects, Purusha & Prakriti with its Maya film of shadow relativities, to project the unending drama of worlds and beings. Purusha is not the Supreme Spirit but the individualized soul (Atman) and 'OM' manifests as Maya. So repeat it, meditate on it and think of all its wonderful nature and attributes.

Pranas are subtle energies & are ten in number, five inward and five outward. One great current flows upwards and one downwards. Pranayama is controlling the Pranas through breathing.

Breath is the fuel, Prana is the steam & the body is the engine. Pranayama has three parts, Puraka (in breathing), Kumbaka (holding the breath) & Ruchika (out breathing).

God created his consort or Mother Nature. Her production, the human body, is a miniature replica of vast Cosmic Nature and God is reflected as the soul in the body of man. The soul identifies with the body and imagines itself to be the ego which is subject to all pleasures and pains. The soul is only a witness, it does not engage itself in the operations of human intelligence, mind and senses. It is an observer of the working of the Cosmic Nature in the body.

Cause and effect are Maya and books are useless to us until our own book opens. It is the strong that understand the strength such as the elephant understands the lion, and not the rat.

How can we understand Jesus and Krishna until we are their equals, “I am He,” all other notes are but variations and do not offer the real theme.

The weak, the fearful, the ignorant will never reach the Supreme God. He is a liberated man who learns to feel himself in other bodies, to know that we are all one and see the Lord in all creatures and in all creations.

No real difference is present

among creatures; all are products of Prakriti or Maya and all are sustained by the same divinity. The Lord sustains the human soul and gives it full liberty and freedom either to identify itself with the body and its egoistic nature or to identify itself with his transcendental spirit in order to perform actions without attachments.



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IN THE PRESENCE OF THE ETERNAL – MY JOURNEY WITH MAHAKALESHWAR JYOTIRLINGA

By Akansh Kohli

For the past four years, every month without fail, my steps have been drawn to the sacred city of **Ujjain** – to the abode of *Mahakaleshwar Jyotirlinga*. What began as a simple pilgrimage has transformed into a soul's deep yearning, a spiritual lifeline that connects me directly to the Infinite.

The first time I entered the sanctum sanctorum, I felt an energy unlike anything I had experienced before – a quiet, yet overwhelming presence. The fragrance of flowers and incense, the rhythmic chanting of *"Jai Shri Mahakaal"*, and the vision of the sacred Shivalinga bathed in *abhishek* waters stirred something deep within me. I knew at that moment that I had found a space where my soul felt at home.

Month after month, as I bow before **Mahakaleshwar Jyotirlinga**, the noise of the outside world fades. Time loses its meaning, and there is only stillness – a stillness that is not empty, but full-full of grace, of divine love, and of an unshakable peace. The darshan is not just an offering to the Lord; it is a moment of communion, where my heart speaks without words, and I feel His silent answer in the depths of my being.

The Mahakaleshwar temple is not merely a structure of stone and pillars; it is alive. The vibrations here are so strong that they seem to cleanse the mind of all restlessness. Standing in His presence, I feel as if all my burdens dissolve – worries seem smaller, fears seem weaker, and the heart becomes light.

There have been days when I came to the temple heavy with problems and unanswered questions, but I have never left without a sense of direction. Mahakaleshwar Jyotirlinga has a way of speaking without speaking – sometimes through the serenity of the *aarti*,

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sometimes through the compassionate glance of a priest, and sometimes simply through the hush of the sacred garbhagriha.

Over the years, I have realised that this monthly pilgrimage is not just about visiting a holy place; it is about **returning to my own centre**. Each visit renews my faith, clears the clutter of my thoughts, and reminds me that no matter how turbulent life becomes, there is an eternal presence guiding, protecting, and loving me.

Mahakaleshwar Jyotirlinga is not far from anyone – He lives within us. But these journeys to Ujjain are my way of answering His call, my way of keeping my heart attuned to His presence. Every time I leave, I carry a piece of that peace back into my daily life, until the next month, when my soul yearns once again for the cool, sacred air of His temple.

I have come to understand one truth through these years: **attaining God is not about reaching somewhere far away; it is about recognizing His presence where you stand**. And at Mahakaleshwar Jyotirlinga, that presence is so vivid, so real, that I cannot help but bow my head in gratitude.

"Har Har Mahadev!"



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TOPIC FOR CONTEMPLATION

WHY FEAR FROM DEATH?

Why is fear of death so prevalent among all the living species
To a common man death means end of everything he possesses plu fear of the unknown future. In fact the attachment to the body, the worldly possessions, relations etc are so strong that the thought of all these withering way at the approaching moment of death is disastrous and difficult to face.

The fear is totally ill founded and only because of ignorance of the real Self. Knowledge through Gurus and sacred books such as Bhagavad-Gita explains about the indestructible nature of the Self. the Atman. Death is just a part of the journey for the soul in its natural progression towards ultimate merger with the Spirit.

Rather than cause for sorrow one should view the death process as riddance of worn out diseased body organs and new opportunity and life being blessed by God for carrying out the mission of the Soul with new zeal. There is only one answer to life and purpose of man's being. Man is made in the image of God and that this image lies within every one of us. It is for us to strive to the best of our ability to realize this truth by the help of time tested spiritual laid down methods of silencing the mind, meditation etc.

Rather than tuning with the Inner Self and realizing the truth man wrongly identifies himself with the body and the mind and the mind and goes through the suffering of this world of delusion. In reality, once the ignorance is replaced with full awareness of the real immortal Self, who we really are, the death process is no difference than shedding old clothes or changing the old car or house and all this is need based. Before and after the death we remain the same except that the body disintegrates into the natural elements it is made from Our habits, our nature our desires remain the same in the next birth and in fact, are the cause of next life. Unfulfilled desires are the toot cause of reincarnation.

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Our Guruji Shri Shri Parmahansa Yogananda says, "The ideal is to do your best, but be objective, nonattached. During meditation or prayers to God be bold to say that you are ready to go, if He wishes so, as the Soul's journey is continuous and final merger is the only liberation"

Freedom means the power to act by soul guidance, not by the compulsions of desires and habits. Obeying the ego leads to bondage; obeying the soul brings liberation

Sri Sri Parmahansa Yogananda – 'Sayings of Yogananda'

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QUESTIONS OF DEVOTEES

Answered by: Bhai Sahib

Q1 How does God respond to our prayers?

Ans. God is ever responding to us. The vibrations of His thoughts are constantly being sent forth; this requires energy; and the energy manifests as sound.

"Talking' means vibrating. In the vibrations of His Cosmic energy, He is talking all the time. He has become the mother of creation that materializes Herself as solids, liquids, fire, air and ether.

Q2 What is matter?

Ans. Matter is nothing but a particular rate of vibration of God's cosmic energy.

No form in the universe is really solid. That which appears so is merely a compact or gross vibration of His energy.

Q3 God is talking to us through vibrations; how do we directly communicate with Him?

Ans. God appears to be less responsive than flowers and human beings. He lets us keep on talking to Him and yet appears not to answer us. The trouble is not with Him but with us. Our intuitive telephonic system is not powerful enough or is out of order. God is constantly calling us and speaking to us, but we do not hear Him.

O4 What is the exact interpretation of the personification of Lord Vishnu?

Ans.

a) He is depicted as an extremely handsome person with charming and benevolent expression on His face reclining i.e. half sitting and half lying.

On Shesh Nag. The hoods of the serpent are erect like cobra and are fanned out a few feet above the head of Lord Vishnu.

b) He has four hands in which He is holding a conch, chakra, mace and a lotus flower.

c) Laxmi, the goddess of wealth is touching the right foot of Lord Vishnu-the reason being that coiled serpent is lying coiled in the

position of a bed on 'Khsheer Sagar' and on this bed Vishnu is reclining in half sitting and lying position.
d) Out of the naval of Lord Vishnu a lotus stalk has sprung up with a nice big lotus flower at its end and on this lotus flower Brahma, the creator of the universe, is sitting.
e) A conch is a thing by which sound can be made to hear for miles if it is properly sounded by mouth. The sound signifies the voice le. the order, wish and the determination of preservation should be heard and acted upon for miles. Lotus flower signifies that it is born out of water, remains its whole life in water but remains detached from water.
f) His mount is Garur, the Sanskrit meaning is golden eagle. Here it means for preservation and sustenance he must ride on a Garur. As Garur has the maximum speed in air and can reach and help a needy person to preserve.

Q5 What is the best approach to stop worrying?
Ans. Worry is a psychological state of thinking in which we are caught in feeling of helplessness and apprehension and don't know how to get rid of it. Not finding an immediate solution, we start worrying about the situation and caught in threefold sufferings.
No judgement from God or fate but your own judgement on yourself keeps you worried. Success or failure is determined in our own mind. Even against the negative opinions of all others, if we bring out by our all-conquering God-given will that we cannot be left to suffer, we will feel a secret divine power coming upon us and one will see that the magnetism of that power is opening new ways for us

Q6 We translate happiness as 'Sukha'. Is 'Sukha 'same as 'Ananda?
Ans. Sukha or happiness or Dukha or unhappiness follow each other like two opposite points on a moving wheel. These feeling of Sukh or Dukh are at physical level, influenced by our sense perception of mind and are of temporary nature.
Once with knowledge mind enriches itself to 'Higher Mind" it becomes stronger and wiser. It realizes that it is not after "Sukh' but something more permanent. This more permanent search is for Ananda 'that is sustainable and not conditional This comes from

within and is independent of outside factors. The only source of 'Ananda' is God.

Q7 With so much of unhappiness around us and with everyone crying about his own problems, is there any hope of happy living in this world?

Ans. Happiness and Unhappiness are two states of the same mind and depends upon our own perception about things around US.

Fire was not created for burning down the houses or destruction. Knife is a useful tool in the hands of a man and was not meant for murder. The entire problem lies in the fact that every man is in pursuit of surface happiness- for sense gratification which is never fulfilled thus leading one bad action to another.

The only answer to the question lies in relating everything in life to Divinity. If every individual understands that we must act as per the Divine action and not for our own selfish motive, this world will change to a beautiful place to live in.

'Life Sciences Foundation' and many such organizations on this planet are trying to convey the above Divine Message to the masses.

Q8 We are always told by you and also other yogis not to bother about outer world but just concentrate inward. Does this outer world of delusion have no relevance in our life journey? Can the inward journey solve our day to problems of our outer world?

Ans. In our discourses the concept of World of illusion or delusion' is described as outer world and the 'World of consciousness' as inner world.

Both the worlds are two aspects of the same God and are equally important. If you discard one and attach yourself only to the other, you will end up only in an imperfect understanding of God.

Our Guruji Sri. Sri. Paramhansa Yogananda says, "Accept everything; be conscious of everything; understand everything and through understanding raise your level of mind so that it can expand and reach out to that all pervading Consciousness, the Ultimate Knowledge or the Ultimate Truth.

The inward journey does have a great influence in guiding you're out world life. Contrary to outer world mind perceptions based on senses and body consciousness, the inner guidance is intuitive in nature and

always from the Source of Truth.

Q9 There is always a dispute in my mind whether Karma Yoga' or Jnana Yoga' comes first and which is superior of the two?

Ans. There are always such confusions in the mind of young devotees. Some have even questioned that if law of karma is always applicable there is no sense of giving alms or helping the poor since this would amount to intervention of this law.

Karma Yoga (Yoga of action) and Jnana Yoga (Yoga of knowledge) are not opposed to one another but are complementary to one another. They work hand in hand and there is no question of either and or.

In our normal life we learn through work and work while learning. This is identical to a practicing lawyer who studies law books and legal cases and acts. Both are essential and have synergic effect. As we gain knowledge our work keeps attaining higher degree of perfection. 'Jnana Yoga' imparts skills and perfection to Karma Yoga'

Q10 Knowledge on spirituality and right actions are fine but why should we love Krishna or Rama? What happened thousands of year back has no relevance in today's modern world?

Ans. It is a universal fact that no one can remain ever distanced from God. The mutual attraction between individual soul and Supreme Soul the Spirit is always burning in the heart of every individual. It is only the ignorance of the Jiva soul that keeps him away from the spirit and only on acquiring knowledge does it make progress in the right direction.

You can love someone provided you have knowledge about that person. Human mind relates love easily to someone of its own species i.e. God reincarnated in human form as Lord Rama or Krishna. This of course is first step towards spirituality and better be understood as loving the values these names carry rather than the physical bodies.

The key is to acquire the basic knowledge first about the Lord you cherish, know your goal well before you commence your journey

Hold on to God. Miracles happen in every one's life. God has never abandoned any of His devotees. Always remember that your struggle is His struggle too and God never fails.

Annual Function

The Life Sciences Foundation, established by revered spiritual guide and educationist Dr. O. P. Kohli, marked its 29th Annual Foundation Day with deep devotion and enthusiasm at the Ashram in Chattarpur, New Delhi, coinciding with the sacred festival of Baisakhi.

The day began with soulful chants and prayers in the open area of L.S.F Foundation Aashram, filling the atmosphere with divine vibrations. Devotees from across India gathered to express their gratitude and seek the blessings of Guruji, whose teachings have transformed countless lives.

In his address, Dr. Kohli urged everyone to live with purpose, embracing self-awareness, service, and scientific understanding of life's higher truths. He emphasized that true living means aligning one's actions with service to humanity and the pursuit of spiritual wisdom.

"Self-awareness, service, and science – this is my humble message to all mankind," he said, inspiring the audience to lead lives of inner discipline and outer compassion.

As part of the celebrations, the Foundation organized a free medical dental camp, where skilled doctors and volunteers served the devotees with love and dedication. This selfless initiative was especially appreciated by the elderly and those who had travelled from afar.

LSF also organized eyes checkup camp where a number of eyes specialist, surgeons and doctors from Center For Sight eye care hospital tested about 200 patient with eyes problems and made them aware about the symptoms and causes of different eye diseases as well their timely treatment.

Over nearly three decades, the Life Sciences Foundation has become

a beacon of light for those seeking spiritual guidance, emotional healing, and a deeper understanding of life's purpose. Devotees joyfully shared how their association with Guruji had brought them peace, clarity, and renewed direction.

The function concluded with a heartfelt vote of thanks to Dr. Kohli – fondly called Bhai Sahib or Guruji – whose humility, tireless service, and spiritual grace have touched lives across the globe.
Dr. Kohli, a sincere seeker since childhood and a devoted disciple of Sri Sri Paramahansa Yogananda of Yogada Satsang Society of India, left a distinguished government career in 2000 to dedicate himself fully to God's work.

His ashram at 1 Rose Avenue, DLF Farms, Chattarpur, serves as a sanctuary for meditation, healing, and the awakening of higher consciousness.

With his radiant presence and compassionate heart, Dr. O. P. Kohli continues to guide souls on the path of truth, love, and service, ensuring that the Foundation's mission burns ever brighter.

The event was covered by prominent newspapers across Northern India & among the fortunate attendees who participated in the function included Chief Justice (Retd.) Permod Kohli, Surinder Kumar (SDM Haryana and Delhi Roadways), Jatinder Kumar (Director, Finance Delhi), Kamal Kapoor (Retd. Managing Director NHPC Delhi) , Col. Bindu Ghowati, Rupali Paul, (Managing Director, Solar Project Delhi) and Prem Lata (Deputy Director Local Funds office).

The prominent persons from Jammu include Vijay Kohli (Retd. senior Section Officer from J&K Education Department), Pushp Kohli (Retd. Accounts Officer of J&K Finance department, CA Vineet Kohli, who, is the Chairman of the J&K Branch of the Institute of Chartered Accountants of India (ICAI) also participated in the foundation function on Baisakhi at Delhi.

Dr. O P Kohli is one such humble soul, an educationist with M.A.;

M.Ed., LLB; Ph.D., degrees, retired from a senior government position in Dec 2000, to devote his full time dedication to God as eternal guide and a divine healer for the health, mind and spiritual problems of human beings all over the world from the Temple of Life Sciences Foundation.

A sincere seeker since childhood, Dr. Kohli has followed the path of strict self-discipline advocated by his revered spiritual Guru Sri Sri Paramahansa Yogananda of 'Yogada Satsang Society of India' and Self-Realization Centre' California (USA). He is a kind of mystique for any- one, who has been in his presence, cannot fail to be affected by his aura and spiritual peace and serenity that he radiates. Lovingly known among some devotees as 'Bhai Sahib' and others as 'Guruji', Dr Kohli was chosen by destiny to experience and reveal to the world that it is insult to yourself to be born, live and die without knowing the answer to the mystery of why you were sent here on earth as a human being.

With this soul searching burning desire in himself, he established 'LIFE SCIENCES FOUNDATION' - A Non-Government Organisation under 'Life Sciences Foundation Trust' in April, 1996. Dr. O P Kohli is today serving as 'Beacon Light' for guiding the ignorant masses and providing Spiritual healing even where medical and modern medicines fail to respond. With the sole intention of serving the masses with total surrender to God, he set up an Ashram & Meditation Centre at 1 Rose Avenue, DLF Farms, Chhatarpur , Delhi.

Guru Purnima

Guru Purnima was celebrated on 10th July 2025 at L.S.F Ashram (DLF Chattarpur). The drawing room & balcony of Ashram was jam packed throughout the day by devotees.

Bhai Sahib listened to the devotees & cleared their doubts. He told them that they should be true to the promise of our adored Guru Ji, and then their peace & confidence is certainly bound to grow. Bhai Sahib wished a change in their lives, more energy, a more positive attitude and a greater desire to know God.

The devotees left the home with cheerfulness, joy & upliftment in their hearts and minds.

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ADVERTISEMENTS AND DONATIONS

The main objective of LIFE SCIENCES FOUNDATION and publication of 'LIFE SCIENCES' Periodical on 'Spirituality and Health' is to serve the humanity at large.

There is no profit motive for the authors, the printers, the editor and the publisher.

The spiritual knowledge in the periodical and other activities of LSF will lead many from darkness to light.

All DONATIONS and proceeds from ADVERTISEMENTS will go to LSF TRUST and shall be used only for meeting the Aims and Objectives of the Trust.

In order to encourage more advertisements in 'The Divine Vision', in the form of donations, the rates for advertisements have been revised as under:

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1) Any sponsored page will cost half the advertisement cost.
2) Advertisement materials are to be approved by LSF and then shall be sent to the printer.

   For Advertisements and Donations please contact any of the following devotees at the given phone numbers:

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LSF MANAGEMENT COMMITTEE
(CHAIRMAN – DR. O P KOHLI)

Justice Permod Kohli	:	8826131111
Mr. Rajesh Jain	:	9810022108
Mr. R P Kohli	:	8860318053
Mr. Amrit Lal	:	9810019279
Mr. Mohinder Sharma	:	9810007721
Mrs. Rekha Grover	:	7508179709

LSF Contact Avenues

For further communication contact us through
email: dropkohli15@gmail.com

Donations can be made in Favour of 'LIFE SCIENCES FOUNDATION' by Cheques, Cash or NEFT on the below noted Bank of Baroda Branch

(All Donations to Life Sciences Foundation are exempted under section 80 G of Income Tax of India)

PARTICULARS OF OUR BANK ACCOUNT

BANK NAME	:	BANK OF BARODA
BRANCH	:	CHANAKYAPURI
IFSC CODE	:	BARBOCHANAK (0 – Zero)
ACCOUNT NUMBER	:	00940100007123

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THE DIVINE VISION

LIFE SCIENCES FOUNDATION

MEMBERSHIP FORM

i) Full Name:Mr/Mrs/Miss_____
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iii) Residential Address_____
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x) Through what source did you learn of LSF?_____
xi) Your main reason for joining LSF is_____

Details of donations : ChequeNo:_____Date_____
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I/We confirm to abide by the Terms & Conditions of the Membership/Rules and regulations of the LIFE SCIENCES FOUNDATION

Signature of the applicant Place Date

PROPOSED BY_____ SECONDED BY_____

(For office use only)

FINAL APPROVAL: _____DATE_____

1) Membership fees in the form of donation by cheque/DDs should be in favour of 'LIFE SCIENCES FOUNDATION' as under:

MEMBERSHIP FEES (MONTHLY) : RS. 500 only
OR
MEMBERSHIP FEES (QUARTELY) : RS. 1500 only
OR
MEMBERSHIP FEES (ANNUAL) : RS.5000 only

2) Please contact the secretary or any member of Executive Committee for any details.

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